



**The PEI Smoking Cessation Program is here to help all Island residents who smoke, vape or use other tobacco products, and are ready to quit.**

## WHAT DOES THE PROGRAM COVER?

The PEI Smoking Cessation Program covers the cost of one complete course (6-18 weeks in a row) of treatment, once per year, for one of the following products:

- Nicotine Replacement Therapy (NRT): Nicotine patch, gum, lozenge, or inhaler
- Prescription quit smoking medication: Bupropion (brand name: Zyban®) or Varenicline (brand name: Champix®)

*Note: Tobacco use in this booklet refers to commercial tobacco, not ceremonial tobacco.*

**PEI Chief Public Health Office**  
2nd Floor, Sullivan Building  
16 Fitzroy St.  
Charlottetown, PE C1A 7N8

Phone: (902) 368-4319  
Email: [quitsmoking@gov.pe.ca](mailto:quitsmoking@gov.pe.ca)

To learn more:  
[www.princeedwardisland.ca/quitsmoking](http://www.princeedwardisland.ca/quitsmoking)



**ARE YOU** **READY TO**  
**QUIT**  
**SMOKING**

**OR USING OTHER TOBACCO PRODUCTS?**



**LIVE WELL**  
together we can



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together we can



### How can I access the program?

Make an appointment with your nearest Primary Care Network office or visit your local pharmacy to discuss how ready you are to quit smoking, vaping or using other tobacco products and the supports available to you. Following your appointment, visit your local pharmacy to pick up your NRT product or cessation medication.



### What if I only vape nicotine?

The PEI SCP offers vaping cessation support by means of nicotine replacement therapy products for eligible PEI residents who wish to stop vaping.



### What are nicotine replacement therapy (NRT) products?

Nicotine replacement therapy products are over-the-counter medications that contain nicotine. They can help you quit smoking or vaping by allowing you to slowly reduce the amount of nicotine in your body.



### What are prescription smoking cessation medications?

Bupropion and Varenicline do not contain nicotine. They act on the brain to help you quit smoking and reduce cravings. Discuss with your primary health care provider if these medications might be right for you.

## FIND SUPPORT NEAR YOU

### Community Pharmacies

Contact your local pharmacy today to access the Smoking Cessation Program.

*Residents of PEI are encouraged to check with their pharmacist in advance to determine if they are offering this service.*

### West Prince Health Network

**Tyne Valley Health Centre** | (902) 831-5800  
6905 Rte 12, **Tyne Valley, PE** C0B 2C0

**O'Leary Health Centre** | (902) 859-3929  
14 MacKinnon Drive, **O'Leary, PE** C0B 1V0

**Alberton Health Services** | (902) 853-0403  
c/o Western Hospital, 148 Poplar Street,  
**Alberton, PE** C0B 1B0

*Outreach services provided at the Tignish Co-op Health Centre and Lennox Island Health Centre.*

### East Prince Primary Care Network

**Kensington Health Centre** | (902) 836-0180  
55 Victoria Street, **Kensington, PE** C0B 1M0

**Harbourside Health Centre** | (902) 432-2600  
243 Heather Moyse Drive, **Summerside, PE** C1N 5R1

**Evangeline Health Centre** | (902) 854-7259  
48 Mill Road, **Wellington, PE** C0B 2E0

*Outreach services are provided at the Summerside Medical Centre.*

### King's Primary Care Network

**Eastern King's Health Centre** | (902) 687-7033  
7 Green Street, **Souris, PE** C0A 2B0

**Montague Health Centre** | (902) 838-0830  
407 MacIntyre Avenue, **Montague, PE** C0A 1R0

### Queen's West Primary Care Network

**Four Neighborhoods Health Centre** | (902) 569-7772  
152 St. Peter's Road, **Charlottetown, PE** C1A 5P8

**Cornwall Medical Centre** | (902) 566-2117  
401 Trans-Canada Highway, **Cornwall, PE** C0A 1N0

**Central Queens Health Centre** | (902) 621-3050  
4276 Hopedale Road, **Hunter River, PE** C0A 1N0

**Gulf Shore Health Centre** | (902) 963-7835  
7379 Cavendish Rd - Rte. 6, **North Rustico, PE** C0A 1X0

*Outreach services provided at Sherwood Medical Centre, Parkdale Medical Centre, Cornwall and Crapaud.*

### Queen's East Primary Care Network

**Polyclinic (Charlottetown)** | (902) 620-3260  
199 Grafton Street, **Charlottetown, PE** C1A 1L2

*Outreach services provided at Boardwalk Professional Centre, Holland College, and Morell walk-in clinic.*

**There are many great reasons to quit, but that does not mean quitting is easy. When you are ready, PEI's Smoking Cessation Program is here to help!**



For more information, please visit [PRINCEEDWARDISLAND.CA/QUITSMOKING](https://princeedwardisland.ca/quitsmoking)