



LIVE WELL PEI
together we can

Wellness Grant Program: School Health Grant Application

All applications must be submitted online, however, applicants may complete their proposal in two ways:

1. Directly online, which requires completing the application in one sitting; you cannot save and return to it later.
2. Using the Application Template below, which allows you to take the time you need to complete the application. Using this method, you will need to save it and upload it to the online portal.

For more information on the Health Promoting Schools Grant criteria, please refer to the [LIVE WELL PEI Wellness Grant Program Guidelines](#).

For any questions, please contact livewellpei@gov.pe.ca or (902) 370-6990.

Project Information	
Project Title:	
Expected Start Date:	
Expected End Date:	
Total Funding Request:	\$ _____ (Maximum \$3000)
Project Reviewed by Principal:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Project Focus	
1. What priority area will your project address? (Select the <u>primary focus</u>) <input type="checkbox"/> Healthy Eating <input type="checkbox"/> Physical Activity <input type="checkbox"/> Substance Use (tobacco, vaping, alcohol, cannabis) <input type="checkbox"/> Safety and Injury Prevention <input type="checkbox"/> Social Determinants of Health	
Project Details	
1. a) Briefly describe your project.	



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2025-26 School Health Grant
Application

b) Who the project is for (target population)?

c) How are students engaged in the planning and implementation of the project?

d) The number of people (e.g. 150 students) you expect to take part for the duration of the project.

Project Workplan

2. Using the table below, please indicate the steps or activities you will take to complete this project. Include who will be responsible for each step and expected timeline for each activity.

Activity	Applicant or Partner Responsible	Timeline
<i>E.g., Identify speakers for the 5 sessions</i>	<i>Applicant with assistance from colleagues and Home and School</i>	<i>Nov 1-12</i>
<i>E.g., Plan and Host training session for students on “advocating for active transportation in my community”</i>	<i>Partner – Bike Friendly Communities PEI, with support from Applicant and Local Home and School</i>	<i>Dec/23-Jan/24; session on January 25, 2024</i>
<i>E.g., Plan and Host training session for non-profit leaders on ‘impacts of alcohol in our school community’</i> <i>Location:</i> <i>Session date/time:</i> <i>Speaker:</i> <i>Speaker Organization:</i> <i>Topic/Event agenda:</i> <i>Attendance session limit:</i> <i>Additional info.:</i> <i>A short feedback survey will be developed.</i>	<i>Applicant and Partner – PEI United Way, Tamarack Institute</i>	<i>Dec/23-Jan/24; session on January 25, 2024</i>



3. Why is this project needed in your school community? Include the evidence or data used to prove this is a need in your school and community? (e.g., COMPASS, CSTADS, HBSC, or other school-based surveys, consultations, discussions, observations, etc.)

4. Comprehensive school health is a recognized framework for supporting improvements in students' educational outcomes while addressing school health in a planned, integrated and holistic way. It encompasses the whole school environment, not just what happens in the classroom.

Using the [Comprehensive School Health Framework](#) (CSH) describe how your project addresses each of the four inter-related pillars of the framework.

Healthy School Policy (How does your project align with various healthy school policies?)

Teaching and Learning (How does your project support what is taught through curriculum?)

Social/Physical Environments (How does your project support the creation of safe, welcoming and health-promoting environments?):

Partnerships and Services (How does your project engage parents, community organizations, and volunteers to support your goals?):

Project Evaluation

5. How will you determine if the project has been a success?



6. What change do you hope to achieve

Project Sustainability

7. How will this project continue to benefit the school and community beyond the life of the project?

Project Budget

8. Using the table below, please detail the expenses and purchases directly related to your project. (This should align with your project activities in #2.)

Expense	Cost	Purpose of Expense	Source of Funding
<i>E.g., Travel</i>	<i>\$50</i>	<i>Mileage cost for 100km (@ gov't rate of .50 km) for speaker #1</i>	<i>Grant</i>
<i>E.g., Snacks/beverages</i>	<i>\$375</i>	<i>Healthy snacks for 125 students (est. \$3/student) who attend training session on advocating for active transportation in my community</i>	<i>Partner – West Royalty Home and School Federation</i>
<i>E.g., Honorarium</i>	<i>\$250.00</i>	<i>Honorarium for expertise outside the core project team/organization.</i>	<i>Grant</i>



TOTAL PROJECT EXPENSES			
TOTAL REQUEST FROM GRANT			

