Campus Alcohol Policy Project

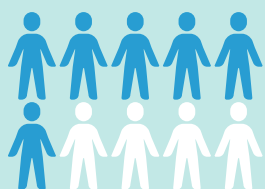**SHEA LAB**
SUBSTANCE USE AND HEALTH
IN EMERGING ADULTHOOD

RESEARCH NOVA SCOTIA

BACKGROUND

6 OUT OF 10 Canadian students are **heavy users** of alcohol

56% of students reported one **alcohol-related harm** in the past month

Alcohol policies are an **essential population-based prevention strategy** and one of the most effective strategies for reducing alcohol harm

CPADS, 2020

The goal of this project is to increase the capacity of post-secondary institutions to implement evidence-based alcohol policies that support student wellbeing

WHAT WE DID

In partnership with **12 universities** across Atlantic Canada

This study **evaluated campus alcohol policy** against evidence and best practice across **10 policy domains**

Modelled after

CAPE
CANADIAN ALCOHOL POLICY EVALUATION

1 Selected policy domains based on brief thematic reviews

2 Developed a scoring rubric
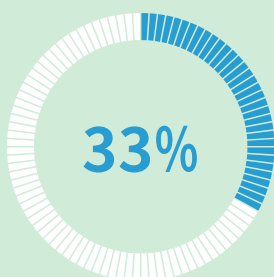
3 Extracted data from campus alcohol policies

4 Scored alcohol policies
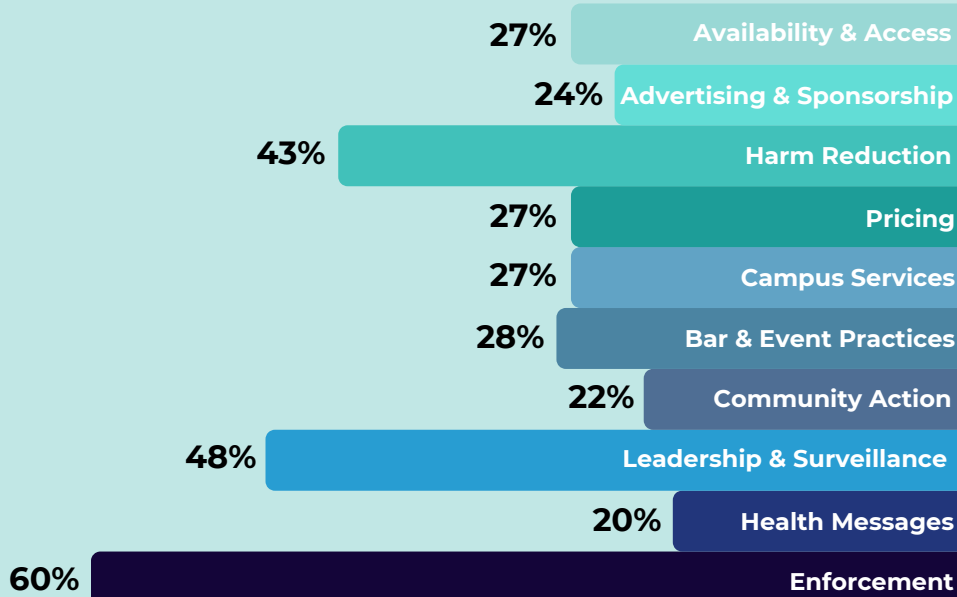
5 Weighted policy domains based on effectiveness and reach

WHAT WE FOUND

Average Total Score

33%

Campus scores ranged from **15%** to **49%**

Domain Scores

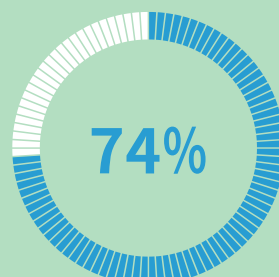| Domain	Score
Availability & Access	27%
Advertising & Sponsorship	24%
Harm Reduction	43%
Pricing	27%
Campus Services	27%
Bar & Event Practices	28%
Community Action	22%
Leadership & Surveillance	48%
Health Messages	20%
Enforcement	60%

CALL TO ACTION

01 Alcohol policies should be in a **single document** that is **easy to find, accessible,** and **up-to-date.**

02 All procedures and policies must be **documented** to ensure that policies are **adhered to and sustained** over time.

03 Campuses are encouraged to **work together** and **share best practices.**

CHANGE IS POSSIBLE

Individual scores are low but if a single campus implemented the highest scoring policies from across the 12 campuses...

The average score would increase to **74%**

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